

研究業績 英文表記

和文	
表題	自閉症スペクトラム障害児・者に対するレクリエーション材の選び方について ——対象者の運動学習における特性をふまえた検討——
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英文	
Title	On Choosing Recreation Material for Children and Adults with Autism Spectrum Disorders: An Examination Based on the Target's Motor Learning Characteristics
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Abstract	<p>This study analyzes the behavioral data of children and adults with autism spectrum disorders (ASD) which was collected through the observation of two types of games used as recreational activities, the "balloon relay game" and the "puzzle game". In the "balloon relay game", which the participants had never played before, they were in a queue and tried to pass a balloon to someone next to them by hitting it lightly with a paper stick. Through this game, it was observed that some participants seemed to have problems with understanding the rules of game and with using a paper stick properly, which could be interpreted as particular difficulties that autistic participants have in motor learning and motor coordination. Therefore, this study argues that it is necessary to consider the movement characteristics of autistics and to introduce into their recreational activities either movements easier for them to understand clearly and to perform properly or movement not requiring motor coordination. This may prove effective in offering autistic participants more opportunities to participate in educational activities requiring physical movement.</p>
keyword	Autism Spectrum Disorder, recreation, motor learning

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