

研究業績 英文表記

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表題	年長児と保護者の運動有能感と運動能力について
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英文	
Title	Older Children and Parents' Sense of Motor Competence and Athletic Ability
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Abstract	<p>[Objective] To examine the relationship between children's sense of competence in physical activity and their motor abilities, as well as the relationship between fathers' and mothers' sense of motor competence and their children's motor abilities. [Subjects] One hundred and seventy-five children attending kindergarten or preschool in Prefectures A and B, and their guardians. Methods: Fathers, mothers, and subjects were asked to provide a list of their children's parents and guardians. [Methods: A two-choice questionnaire was administered to the fathers, mothers, and children to assess their sense of motor competence. [Results: The fathers' motor competence and the subject children's The father's motor competence and the subject's body support duration, the mother's motor competence and the subject's softball throwing, and the subject's own motor competence, all except for body support duration, were compared. The father's sense of motor competence and the subject's body support duration, the mother's sense of motor competence and the subject's softball throwing, and the subject's own sense of motor competence all showed significantly better values in the group that felt good at exercise except for body support duration. Conclusion. This is associated with an increase in children's exercise experience, which in turn leads to an improvement in their motor skills.</p> <p>Translated with www.DeepL.com/Translator (free version) ※Translated with www.DeepL.com/Translator (free version)※Translated with www.DeepL.com/Translator (free version)</p>
keyword	Older children, protectors, motor sense, motor ability

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