

研究業績 英文表記

和文	
表題	我が国における高齢者の孤独感が健康に及ぼす影響に関する文献検討
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英文	
Title	Literature review on the impact of loneliness on the health of the elderly in Japan.
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Abstract	To help improve the health management ability of the elderly adult living alone, we reviewed the literature on the feeling of loneliness and the effects on health of the elderly adult. The search terms were "elderly" and "loneliness". We searched for articles from the last five years and targeted seven documents. As a result, the effects of loneliness on health were "anxiety about sudden events," "effects on subjective views of health," and "concrete effects on the body." The support required for health management of the elderly adult living alone was "emergency contact system" and "psychological support". It was found that the feeling of loneliness in the elderly adult affects physical and mental health, but the difference between the elderly adult living in the family and the support necessary for improving the feeling of loneliness and health management ability need to be examined in the future.
keyword	loneliness, elderly adult living alone, self-care agency, health effects

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