

研究業績 英文表記

和文	
表題	回想法による「神埼の思い出ブック」作成のプロセス —神埼地域における高齢者の生活史作成の試み（2）—
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英文	
Title	Creating theKanzaki Memory Recipe Book using reminiscence therapy Documenting the life histories of senior citizens in Kanzaki region, Japan (2)
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Abstract	<p>This paper reports the creation process and examines future research objectives for the Kanzaki Memory Book. The book records the life histories of senior citizens from the Kanzaki region, Japan. The memory book aims to provide an understanding of the historical background and contribute to the support of senior citizens on the grounds of individual dignity.</p> <p>To document the narratives of the life histories of senior citizens from this region, the authors conducted group interviews by applying reminiscence therapy to 46 senior citizens, who live in residential homes (instead of retirement homes) and were born and raised in the university area of the Kanzaki region of Saga prefecture prior to WWII. By categorizing the verbatim reports from these interviews, the authors discovered region-specific life histories that can be attributed to communal living, which was common before and after WWII. The exemplary episodes of each life history category are summarized in the Kanzaki Memory Book. Additionally, the special event and every day meals documented in the Kanzaki Memory Recipe Book, created a year ago, were also added to the memory book. Necessary future research includes an interdisciplinary investigation of the creation of life histories and exploration of the use of these books for student education and on-site nursing care.</p>
keyword	senior citizens, life history, reminiscence therapy, Kanzaki region, succession between generations

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