

研究業績 英文表記

和文	
表題	フライングディスクを用いた投動作と運動経験の関連性における一考察
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英文	
Title	A study on the relationship between throwing motion and athletic experience using a flying disc
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Abstract	The Early Childhood Physical Activity Guidelines Guidebook states that one of the key points is to “incorporate a variety of play activities so that children can experience a wide range of movements.” Focusing on the basic movement of “throwing,” this study aimed to examine physical play activities using a flying disc, focusing on students to examine how previous physical experience affects the throwing of a flying disc. While the results of this study indicated the influence of physical experience on the actual results, no differences were observed in the throwing movement. Based on these results, future plans include examining physical play programs using flying discs for early childhood and implementing them with young children.
keyword	投動作 Throwing Motion フライングディスク Flying Disc 運動遊び Physical Play

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