

研究業績 英文表記

和文	
表題	階段を昇る際に手すりを使用する地域在住高齢者の身体機能および認知機能の特徴
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英文	
Title	Physical and cognitive characteristics of older adults who use handrails when climbing stairs.
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Abstract	The purpose of this study was to examine the characteristics of the physical and mental functions of elderly people who use handrails when climbing stairs. The subjects were 217 elderly people living independently at home. Logistic regression analysis with handrail use as the dependent variable was used to examine the results. The analysis showed that the CS-30 and MMSE were involved in the presence or absence of handrail use. Elderly persons who need handrails when climbing stairs may have impaired lower limb muscle strength and cognitive function.
keyword	old people, stairs, handrails

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