

研究業績 英文表記

和文	
表題	認知症者を自宅で介護する男性の情的物理的支援
著者名	西尾美登里 1、木村裕美 1、尾籠晃司 2、緒方久美子 1
所属	1 福岡大学医学部看護学科 2 福岡大学医学部精神神経学教室
英文	
Title	Emotional and Instrumental Support influencing male caregivers for People with Dementia Living at Home.
Author	Midori Nishio1、Hiromi Kimura1、Koji Ogomori2、Kumiko Ogata1
Affiliation	1 Department of Nursing, Faculty of Medicine, Fukuoka University, Japan 2 Department of Psychiatry, Faculty of Medicine, Fukuoka University, Japan

Abstract	<p>Object: To clarify the emotional and instrumental support influencing male caregivers for people with dementia living at home.</p> <p>Patients/Materials and Methods: The subjects were 298 male caregivers. Nursing care burden was assessed using the Zarit Caregiver Burden Scale. Ability to cope with care problems was assessed using the Nursing Care Problems Coping Scale for Male Caregivers for People with Dementia Living at Home (NCSM). Emotional support was assessed using the Emotional Support Network Scale. Instrumental support was assessed using the question “Do you have someone to help when you have a problem with nursing care?”</p> <p>Results: There was a significant correlation ($P < 0.04$) between the point (index) of NCSM and Zarit Caregiver Burden Scale. A positive significant correlation was found in three coping styles. A negative significant correlation was found in one coping style, and no significant correlation in one coping style. The ‘Solve the problem’ coping style was linked to support from both within and beyond the family. Both ‘Emotional avoidance’ and ‘Cognitive transformation’ coping styles were linked to support from within the family, and “Request assistance” style only to external support. There were no correlations between the source of support and the “Careful supervision and waiting” coping style.</p> <p>Conclusion: Emotional and instrumental support for male caregivers was more than three times more likely to be obtained from within the family than outside it. With families becoming smaller, it is becoming more important for communities and society in general to provide emotional and instrumental support for male caregivers. Male caregivers need support from someone with whom they feel comfortable. It is particularly necessary to consider how to support male caregivers who use the “Emotional avoidance” coping style.</p>
keyword	male caregivers, dementia, coping with care problems, emotional support

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