

研究業績 英文表記

和文	
表題	勤労者のニーズを考慮した食環境整備の検討 ―昼食選択時の価値基準から食事選択傾向を把握する―
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英文	
Title	A Study of the Promotion of a Healthy Food Environment in Consideration of the Needs of Workers ― understanding meal selection tendencies based on lunch selection criteria ―
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Abstract	<p>This study aims to understand the meal selection tendencies of workers through needs assessment based on their lunch selection criteria and to examine how to maintain a healthy food environment in consideration of the needs of workers. Based on the results of a questionnaire survey, we performed cluster analysis to explore patterns of lunch selection behavior in the survey respondents. The result showed that the lunch selection criteria could be classified into four cluster: gourmet type, price evaluation type, health and beauty type and non-fussy type. We demonstrated that the characteristics of the patterns of lunch selection behavior depended on the lunch selection criteria cluster differences. The above results suggest that needs assessment in workers, through the classification of their lunch selection criteria, may lead to an understanding of their meal selection tendencies.</p>
keyword	healthy food environment, worker, needs, restaurants, cafeteria, meal selection criteria

※本データの英文表記は実際の論文上の表記とは異なります。