

研究業績 英文表記

和文	
表題	体力測定会への参加頻度に影響する基本チェックリストの項目
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英文	
Title	Kihon Checklist Items That Affect the Frequency of Participation in Physical Fitness Test
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Abstract	[Purpose] To examine the influence each item on the Kihon checklist has on the frequency of participation in physical fitness tests that can prevent long-term care. [Participants and Methods] A total of 155 participants, comprising 91 in the continuous participation group who attended four or more of the six physical fitness tests and 64 in the one-time participation group who attended the test only once, were recruited. To examine the influence each item on the Kihon checklist has on the frequency of participation in the physical fitness test, a binomial logistic regression analysis was conducted with continuous and one-time participation groups as dependent variables. [Results] “Have you lost ≥ 2 kg in the past 6 months?” was determined as the item on the Kihon checklist factor that affects the frequency of participation in the physical fitness test. [Conclusion] The frequency of participation in the physical fitness test was found to be influenced by weight loss. This result suggests that continued participation in the physical fitness test requires attention to nutritional status to avoid weight loss.
keyword	physical fitness test, frequency of participation, weight loss

※本データの英文表記は実際の論文上の表記とは異なります。