

## 研究業績 英文表記

和文	
表題	子どもの遊びの意義に関する一考察 ——女子大学生への質問紙調査から——
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英文	
Title	Considering the Significance of Children's Play: As Seen from a Questionnaire Survey of Female College Students
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Abstract	<p>The purpose of the study was to discover how adults recognize the influence of playing when they look back upon the play of their childhood. 54 female University students undertook a questionnaire survey. We then consider the results of the survey and compare them to precedent studies on the playing of children. Consequently, 9 kinds of play were extracted: pretended play, tag play, fighting play, implement play, group play, natural play and computer games. After that, six categories were determined based on what they gained from such kinds of play: personal human relations, movement, knowledge/skills, emotions, thoughts and fulfillment.</p> <p>According to previous studies, there is “healthy physical growth” through a child's movement consciousness, and physical problems appear with the disappearance and transformation of play. However, this study did not reveal such a health side. It showed that adults controlling children's play time fail to recognize playing as important for children's health and don't recognize the risk of children's health problems appearing from transformations in play.</p>
keyword	Children's play, Movement, Children's health

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