

研究業績 英文表記

和文	
表題	地域在住日本人高齢者における有意義な活動への満足度と抑うつ症状の発症の変化 COVID-19 パンデミック前とパンデミック中の集団ベース研究
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英文	
Title	Changes in Satisfaction with Meaningful Activities and Onset of Depressive Symptoms among Community-Dwelling Japanese Older Adults: A Population-Based Study Before and During the COVID-19 Pandemic
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Abstract	This study aimed to clarify the association between changes in satisfaction with meaningful activities and the occurrence of depressive symptoms before and during the coronavirus disease 2019 (COVID-19) pandemic. In the follow-up survey, 31 (14.3%) participants reported the occurrence of depressive symptoms. Logistic regression analysis revealed that changes in satisfaction with meaningful activity were associated with the occurrence of depressive symptoms after adjusting for demographic variables, baseline GDS scores, cognitive and physical status, and instrumental activities of daily living (odds ratio, 2.78; 95% confidence interval, 1.17-6.59, P = .020). To avoid decreasing satisfaction with meaningful activities, supporting older adults may be protective against the occurrence of depressive symptoms. Our findings highlight the need for health care professionals to not only encourage older adults to participate in activities for their mental health but also consider whether the activities are meaningful or satisfying for them.
keyword	Depressive symptoms ・ meaningful activity ・ activity satisfaction ・ community-dwelling older adults ・ COVID-19 pandemic

※本データの英文表記は実際の論文上の表記とは異なります。