

研究業績 英文表記

和文	
表題	地域在住高齢者のプレフレイルティに関連するキホンチェックリストの各領域について
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英文	
Title	Domains of the Kihon Checklist associated with prefrailty among community-dwelling older adults
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Abstract	The purpose was to examine the characteristics of Kihon Checklist (KCL) associated with prefrailty by comparing it with robustness, using the KCL to comprehensively assessing life-related functions in community-dwelling older adults. The main KCL associated with robustness and prefrailty were physical function (OR: 1.83 (1.17–2.88)), nutritional status (OR: 8.16 (2.96–22.48)), and depressed mood (OR: 3.46 (1.76–6.79)). Particularly, older adults had difficulty in mobility, e.g., climbing stairs and getting up from a chair, suggesting a strong fear of falling. Psychological characteristics, e.g., low life fulfillment, low sense of self-usefulness, and a strong sense of boredom, were also observed. Prefrailty individuals were characterized by poor physical function and nutritional status and a depressive mood. In particular, prefrailty may be prevented or improved by approaches to physical function and fear of falling, in addition to psychological interventions that encourage activity and a sense of self-usefulness.
keyword	Older adults; depressive mood; Kihon Checklist; Physical function; Frailty

※本データの英文表記は実際の論文上の表記とは異なります。