

研究業績 英文表記

和文	
表題	日本におけるキンボールスポーツ関連傷害の特徴：アンケート調査
著者名	福重心 ¹ , 金澤佑治 ² , 松尾萌美 ³ , 樋口隆志 ⁴
所属	¹ 摂津ひかり病院, ² 北陸大学, ³ 西九州大学, ⁴ 大阪人間科学大学
英文	
Title	Characteristics of injuries related to Kin-Ball sport in Japan: A questionnaire study
Author	Kokoro Fukushige ¹ , Yuji Kanazawa ² , <u>Moemi Matsuo</u> ³ , Takashi Higuchi ⁴
Affiliation	¹ Settsu Hikari Hospital, ² Hokuriku University, ³ Nishikyushu University, ⁴ Osaka University of Human Sciences
Abstract	<p>Introduction: The number of Kin-Ball sport participants is expected to increase in the future. However, there is no report on the characteristics of the injuries associated with Kin-Ball sport. Objective: The purpose of this study was to describe the characteristics of injuries relate to Kin-Ball sport. Design: Observational study. Setting: A self-administered questionnaire was used for data collection.</p> <p>Participants: One hundred ninety Kin-Ball sport participants were included in this study. Main</p> <p>Outcome Measures: The questionnaire was designed based on physical characteristics, participation in Kin-Ball sport, and Kin-Ball sport injuries. Participation in Kin-Ball sport includes the length of time spent playing Kin-Ball sport as well as the playing categories (junior, friendly, champion challenge, champion, over 40). Kin-Ball sport injuries include the presence or absence of injury experience, the site, type, situation, and current injuries or pain associated with Kin-Ball sport.</p> <p>Results: One hundred fifty-two players (80%) of Kin-Ball sport participants were injured. The ankle was the most frequently visited body site (60; 22.1%), and the elbow was the second most visited body site (40; 14.8%). Sprains were the most common type of injury.</p> <p>Conclusion: This is the first study to describe the characteristics of injuries relate to Kin-Ball sport. The findings of this study could be beneficial for athletes, coaches, trainers, and clinicians to prevent, or treatment of the injuries.</p>
keyword	Kin-Ball sport

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