

研究業績 英文表記

和文	
表題	箱庭制作における砂の影響について—PAC 分析を用いて—
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Abstract	<p>We examined what types of images are perceived when touching sand during sandplay expression by conducting a Personal Attitude Construct (PAC) analysis. Five university students (mean age 21.4 ± 0.55 (SD) years) viewed five common images while they touched sand during sandplay expression: [safe], [regression], [aqueous], [dynamic], and [confrontational]. They then provided questionnaire responses about the images. The PAC revealed that four subjects' responses were divisible into three clusters; the other subject's responses were divisible into four clusters. The [safe] image was associated with a sense of safety/relaxation, as if the subjects were relaxing their defenses. The [regression] image was associated with a return to childhood. The [aqueous] image associated water with the feel of the sand. The [dynamic] image associated a sense of movement with the fluidity of the sand. The subjects' responses associated with the [confrontational] image were a mix of positive and negative.</p>
keyword	Sandplay Expression, PAC Analysis, Sand

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