

研究業績 英文表記

和文	
表題	生涯にわたって、元気に過ごせる児童・生徒を育てる学校保健—新型コロナウイルス感染症拡大による心身の健康課題についての授業実践—
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英文	
Title	School Health that Nurtures Students who can spend their Whole Life Actively in Good Health: Practice of Classes on Mental and Physical Health Issues in the COVID-19 Era
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Abstract	<p>With the spread of the new coronavirus infection, the purpose was to develop skills for children to become aware of new mental and physical health problems due to the spread of infection through health learning and to lead a healthy life while thinking about solutions. At the same time, the purpose was to eliminate the health concerns of children and students.</p> <p>In the "Mental Health" section of the physical education department of the fifth grade of elementary school, I learned about changes in the living environment and interpersonal relationships, as well as anxiety and worries due to the spread of the new coronavirus infection. We also learned how to deal with physical and mental disorders in a new lifestyle. In the health study "Mental and physical development and mental health" of the first grade of junior high school, the new coronavirus infection prevention measures were taken up as teaching materials. Then, we conducted learning to grasp the administrative and educational aspects of infectious disease control in an integrated manner.</p> <p>In both elementary and junior high schools, we set up scenes for "independent learning," "interactive learning," and "deep learning," and practiced lessons. As a result, the students were able to learn as themselves and think of concrete solutions to improve their lives. We want to foster the ability of children to raise their interest in their own and other physical and mental health and improve their society and life.</p>
keyword	COVID-19, health education, infectious disease prevention

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