## 研究業績 英文表記

	和文	
表題	地域在住高齢者の自己申告による杖の使用に関連する要因の検討	
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英文		
Title	Examination of factors associated with self-reported cane use among community-dwelling older adults	
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Abstract	This study investigates factors influencing cane use among older adults and identifies most significant determinants. There were 108 participants (77 $\pm$ 7 years) in the cane-non-using group and 52 (83 $\pm$ 6 years) in the cane-using group. Factors associated with the presence or absence of cane use were open-eyed one-leg standing time [OR 0.81 (0.70–0.93), p = 0.003] and depressed mood [OR 2.78 (1.31–5.91), p = 0.008]. Older adults with reduced balance ability and depressive mood need to use a cane. This highlights the need to assess balance ability and depressed mood in prescribing a cane to older adults. Appropriate prescription of canes has the potential to enrich the lives of older adults by contributing to their safe range of activities.	
keyword	Walking aids; Open-eyed one-leg stand time; Depressive moods; Older adults	