

研究業績 英文表記

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表題	慢性疾患を持つ患者のセルフケアとその要因に関する文献検討
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英文	
Title	Literature review on self-care and its factors in patients with chronic diseases
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Abstract	<p>The purpose of the study is to identify self-care and its factors in patients with chronic diseases through a literature review.</p> <p>Search methods: The Central Journal of Medical Science Web Edition and Medical Online were searched. Search terms were "self-care," "self-management," "independent living," and "chronic disease self-management," and literature from the past five years (2014-2019) was searched to obtain the latest findings in Japan.</p> <p>Seven categories and 26 subcategories were identified as factors influencing self-care and self-management. Discussion: Self-care of patients with chronic diseases is considered to be maintained by "human factors" and "experience" as underpinning factors, on top of which "mental factors," "health promotion," and "lifestyle management (diet and exercise management)" are interrelated. Under what circumstances these self-care and its factors fluctuate is a subject for future research.</p>
keyword	chronic diseases、self-care、Literature review

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