

研究業績 英文表記

和文	
表題	「自分もできる」の思いを支えあい助け合う食教育で育む
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Title	Nurturing the idea of "I can do it too" through food education that supports and helps each other
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Abstract	<p>This is an initiative to plan, plan, and practice all stages of cooking practice learning in home economics education (food field) in junior high schools by individuals. Cooking practice in home economics education focuses on group learning, but one of the challenges found in group learning is that there are students who lack proactivity. During practical training, there are students who finish their learning time just by watching their friends' learning activities, regardless of whether they are active in cooking. In fact, this itself hinders group learning and creates a vicious cycle of a decline in students' motivation to learn. Therefore, this is a report on an educational practice in which all students in the class, including the student, clarify the target audience they want to make a menu and eat, and by learning to engage in cooking practice alone, they have the experience of "I could do it myself," thereby fostering a sense of self-affirmation. In addition, for children with physical disabilities who need special support, this is a practice report that aims to improve the learning environment and realize safe and appropriate learning.</p>
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