

## 研究業績 英文表記

和文	
表題	地域在住高齢者における心理的脆弱性の多様な側面と健康関連アウトカムとの関連性:横断研究
著者名	下木原俊 <sup>1,2,3</sup> , 田平隆行 <sup>4</sup> , 丸田道雄 <sup>1,2</sup> , 牧迫飛雄馬 <sup>5</sup> , 韓侑熙 <sup>2,6</sup> , 釜崎大志郎 <sup>2,7</sup> , 赤崎義彦 <sup>8</sup> , 日高雄磨 <sup>8</sup> , 久村悠祐 <sup>8</sup> , 久木崎航 <sup>8</sup> , 窪園拓郎 <sup>9</sup> , 大石充 <sup>9</sup>
所属	1. 長崎大学大学院医歯薬学総合研究科保健学専攻 2. 鹿児島大学医学部客員研究員 3. 札幌医科大学保健医療学部 4. 鹿児島大学医学部保健学科作業療法学専攻 5. 鹿児島大学医学部保健学科理学療法学専攻 6. 国際医療福祉大学福岡医療保健学部作業療法学科 7. 西九州大学リハビリテーション学部リハビリテーション学科 8. 鹿児島大学大学院保健学研究科臨床精神神経医学専攻博士後期課程 9. 鹿児島大学大学院医歯学総合研究科 循環器・高血圧内科
英文	
Title	Associations Between the Diverse Aspects of Psychological Frailty and Health - Related Outcomes in Community - Dwelling Older Adults: A Cross - Sectional Study
Author	Suguru Shimokihara <sup>1,2,3</sup> , Takayuki Tabira <sup>4</sup> , Michio Maruta <sup>1,2</sup> , Hyuma Makizako <sup>5</sup> , Gwanghee Han <sup>2,6</sup> , Taishiro Kamasaki <sup>2,7</sup> , Yoshihiko Akasaki <sup>8</sup> , Yuma Hidaka <sup>8</sup> , Yusuke Kumura <sup>8</sup> , Wataru Kukizaki <sup>8</sup> , Takuro Kubozono <sup>9</sup> , Mitsuru Ohishi <sup>9</sup>
Affiliation	1. Graduate School of Biomedical Sciences, Health Sciences, Nagasaki University 2. Visiting Researcher, Faculty of Medicine, Kagoshima University 3. Sapporo Medical University 4. Department of Occupational Therapy, School of Health Sciences, Faculty of Medicine, Kagoshima University 5. Department of Physical Therapy, School of Health Sciences, Faculty of Medicine, Kagoshima University 6. Department of Occupational Therapy, School of Health Sciences at Fukuoka, International University of Health and Welfare 7. Department of Rehabilitation Sciences, Faculty of Rehabilitation Sciences, Nishikyushu University 8. Doctoral Program of Clinical Neuropsychiatry, Graduate School of Health Sciences, Kagoshima University 9. Department of Cardiovascular Medicine and Hypertension, Graduate School of Medical and Dental Sciences, Kagoshima University
Abstract	This cross-sectional study aimed to explore the characteristics of diverse aspects of PsF, including cognitive frailty (CF), lower cognitive function, and affective frailty (AF), and to examine their associations with health-related outcomes in community-dwelling older adults. PsF was present in 39.5% of the cohort (lower cognitive function: 18.1%, CF: 7.6%, AF: 11.0%, Multi-domain PsF: 2.9%). In the adjusted models, only AF showed a significant positive association with SMC (adjusted risk ratio = 1.62, 95% CI: 1.06–2.42, p = 0.023). No significant associations were found between any PsF domain and subjective health or daily functional ability in the adjusted models. AF, characterised by emotional vulnerability, was uniquely associated with SMC, suggesting emotional factors may play a more central role than cognitive decline in shaping perceptions of memory problems. These findings highlight the heterogeneous nature of PsF and underscore the need for nuanced assessments to inform targeted prevention and intervention strategies.
keyword	affective frailty; cognitive frailty; cognitive impairment; community-dwelling; older adults; psychological frailty

※本データの英文表記は実際の論文上の表記とは異なります。