

## 研究業績 英文表記

和文	
表題	わが国における慢性疾患のある独居高齢者のセルフケアの概念分析
著者名	小林幸恵 白田久美子
所属	西九州大学看護学部看護学科
英文	
Title	Conceptual Analysis of Self-Care for the Elderly Living Alone with Chronic Diseases in Japan
Author	KOBAYASHI Yukie, SIRATA Kumiko
Affiliation	Nishikyushu University School of Nursing
Abstract	<p>Purpose: To derive the constructs of self-care for chronically ill, single elderly people in our country.</p> <p>METHODS: Walker &amp; Avant's method of conceptual analysis was used. A search using the keywords "elderly living alone," "self-management," "self-care," "independent living," "chronic disease management," and "original article" without limiting the time period yielded 131 articles.</p> <p>Results: Five attributes, three antecedent requirements, and five categories of consequences were identified.</p> <p>Discussion: Self-care for elderly people living alone with chronic diseases in Japan was defined as "having the intention to live at home, coping with crises and maintaining daily life alone with the support of others despite exposure to factors that could disrupt solitary living, such as worsening or sudden changes in medical conditions. In the future, we would like to investigate the factors that hinder self-care for elderly people living alone with chronic diseases, and consider strategies for nursing support.</p>
keyword	Self-Care 、 Elderly Living Alone、 Chronic Diseases 、 Conceptual Analysis

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