**研究業績　英文表記**

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| 和文 | |
| 表題 | 中等度アルツハイマー病患者における長期農業体験による収穫活動の生理的効果の検証 |
| 著者名 | 江口喜久雄、小浦誠吾 |
| 所属 | 令和健康科学大学、西九州大学 |
| 英文 | |
| Title | Verification of the Physiological Therapeutic Effects of Harvesting Activities in a Patient with Moderate Alzheimer’s Disease with Long-Term Agricultural Experience |
| Author | Kikuo Eguchi, Seigo Koura, Nao Eguchi, Akihiko Kondo |
| Affiliation | 1Faculty of Occupational Therapy, School of Rehabilitation, Reiwa Health Sciences University, Fukuoka City, Japan.  2Faculty of Rehabilitation, Nishikyusyu University, Kanzaki City, Japan. |
| Abstract | Harvesting activities have proven effective in reducing stress in patients with dementia. At a psychiatric hospital, occupational therapists (OT) made patients with dementia perform vegetable harvesting activities as a part of their treatment. The patients became calmer and began to smile not only after but also before and during harvesting activity. Therefore, this study aimed to measure autonomic nervous system (ANS) responses over time in a female patient in her 80s with moderate Alzheimer’s disease (AD) who had experience in farming when performing harvesting activities. Additionally, this study aimed to consider factors associated with changes in ANS responses over time and to verify the physiological therapeutic effects of harvesting activities. Methods: An OT with more than 10 years of experience and a good relationship with the patient conducted one-on-one sessions with the patient. Harvesting activity was performed in a courtyard with trees. The patient harvested lettuce (three lettuce plants) grown in a planter while sitting on a chair. Additionally, the planter was set up on a desk. ANS responses were measured over time from before to after the activity for different events at six time periods. Changes in the patient’s ANS responses were assessed during each period. Results: With the involvement of environmental factors and OT during harvesting activities, parasympathetic nervous system (PNS) activity significantly increased. This may lead to improved mental stability. |
| keyword | Alzheimer’s Disease, Autonomic Nervous Response, Harvesting Activity, Therapeutic Effects |

※本データの英文表記は実際の論文上の表記とは異なります。