

研究業績 英文表記

和文	
表題	精神障害をもつ喫煙者を対象とした「ロールプレイを頻繁に使用するシングルセッショングループ療法」に対する喫煙をやめる意欲と社会的ニコチン依存症指標に基づく介入効果
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英文	
Title	Intervention Effects on the Willingness to Stop Smoking and Social Nicotine Dependence Based on Single-Session Group Therapy with Frequent Use of Role Play Targeting Smokers with Mental Disorders
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Abstract	<p>Objective: We devised a “Smoking-Cessation Motivation Program” as a community welfare service aimed at making short-term improvements in social nicotine dependence and enhancing the willingness to stop smoking among people with mental disorders.</p> <p>Method: The study conducted a controlled trial to empirically examine the effects of the program on the willingness to stop smoking and social nicotine dependence among 26 smokers with mental disorders in the intervention group, who were compared with a control group of 16 individuals.</p> <p>Results: Results demonstrated the program’s effectiveness in reducing social nicotine dependence, and a variance analysis with age as the covariate evidenced a mutual interaction between social nicotine dependence and the willingness to stop smoking, confidence to stop smoking, and resisting the temptation to smoke.</p> <p>Conclusion: Future studies should examine longer-term program results, the impact of program duration, and other factors that influence the program’s effectiveness.</p>
keyword	Smokers with Mental Disorders Stop smoking

※本データの英文表記は実際の論文上の表記とは異なります。