研究業績 英文表記

和文	
表題	多職種協働による包括的心臓リハビリテーションにおける看護師の役割について
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英文	
Title	Role of Nurses in Comprehensive Care for Cardiac Rehabilitation by a Multidisciplinary Team: a Questionnaire Study
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Abstract	Background: Cardiac rehabilitation (CR) consists of comprehensive care by a multidisciplinary team, including a medical doctor, nurse, pharmacologist, physical therapist, registered dietitian, and clinical psychologist. Although nurses generally support the other professionals or stand in for specialists who are not on site, it is not fully understood how best to take advantage of nurses in CR. Method and results: We administered a questionnaire about CR to all 733 nurses in the inpatient wards at Fukuoka University Hospital. The nurses answered questions regarding their experience with daily care and treatments in CR based on the guideline for rehabilitation in patients with cardiovascular disease (Japanese Circulation Society 2012). The nurses were aged 31±8 (mean±SD) years and each had 108±97 (mean±SD) months of experience. One hundred thirty nurses (23.1%) had nursing experience with CR (Exp-CR group) and 433 did not (Non-Exp-CR group). The Exp-CR group was highly motivated to learn more about CR and recognized its importance compared with Non-Exp-CR group. With regard to the effect of care by nurses in CR, nurses in the Exp-CR group consisted to contribute the beneficial effects of CR revealed with high evidence level in the guideline described above, especially in improved exercise tolerance or quality of life compared with Non-Exp-CR group. Conclusions: The nurses who had experience with CR were more likely to understand the benefits of CR. Nurses may understand benefits in comprehensive care for CR as part of a multidisciplinary team.
keyword	Cardiac rehabilitation, Comprehensive care, Multidisciplinary team, Nurse
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