

## 研究業績 英文表記

和文	
表題	我が国における慢性疾患のある独居高齢者のセルフケアの概念分析
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英文	
Title	Conceptual Analysis of Self-Care for the Elderly Living Alone with Chronic Illnesses in Japan
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Abstract	<p>The purpose of this study is to conduct a conceptual analysis of self-care for the elderly living alone with chronic diseases in Japan. Methods] A search was conducted using the keywords "elderly living alone," "self-management," "self-care," "independent living," "chronic disease management," and "original papers," and finally 10 papers were subjected to conceptual analysis using Walker &amp; Avant's method. Results: Five attributes, three antecedents, and four consequences were identified for the concept of self-care for older adults living alone with a chronic disease. Conclusion: The concept of self-care for the elderly living alone with a chronic disease in Japan is that "the elderly who have a chronic disease but wish to live at home (including cases where it is unavoidable), prepare for emergencies and receive support from others while being exposed to factors that may disrupt their lives such as worsening or sudden changes in their condition and living alone," and "the elderly who live alone with a chronic disease but wish to live in their own home (including cases where it is unavoidable) should be prepared to take care of themselves in case of an emergency. The definition is "to maintain daily life on one's own.</p>
keyword	elderly adult living alone, chronic disease, self care, concept analysis

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