

研究業績 英文表記

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表題	慢性疾患のある独居・同居高齢者の孤独感とセルフケア能力の関連
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英文	
Title	Association between loneliness and self-care ability among elderly people living alone or with others with chronic diseases.
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Abstract	<p>The purpose of this study is to clarify the relationship between loneliness and self-care ability among elderly people living alone or cohabiting with a chronic disease. A questionnaire survey was conducted using Internet research among elderly people living alone or cohabiting with a chronic disease. The questionnaire items used were the basic attributes of the participants (age, gender, never-married/married, name of disease, etc.), the AOK Loneliness Scale (10 items) by Ando et al. and the Self-Care Agency Questionnaire; SCAQ, (30 items) by Honjo. Ethical Considerations: The study was conducted with the approval of the Ethical Review Committee of the University of Western Kyushu (approval number: 20LUK01). Results: Responses were obtained from a total of 208 people, 104 elderly people living alone and 104 elderly people living together, who had chronic diseases. The mean age was 71.3 years (SD ± 5.3), 154 (74%) were men and 54 (26%) were women. The overall mean loneliness score (score range 0-10) was 2.43 (SD ± 2.6), with a median of 1.0. The overall mean score for self-care ability (range 0-150) was 110.0 (SD ± 18.0), with a median of 109.5. The relationship between loneliness scores and self-care ability scores, by solitude and cohabitation, was moderately negatively correlated ($r=-.561$, $p<.01$) for the solitary elderly and weakly negatively correlated ($r=-.263$, $p<.01$) for the cohabitating elderly. ($p<.01$). Both indicated that the higher the loneliness, the lower the ability to self-care. This tendency was stronger among the elderly who lived alone. Discussion: Support for loneliness among the elderly may lead to an improvement in self-care ability.</p>
keyword	elderly adult living alone, chronic disease, self care,

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