

研究業績 英文表記

和文	
表題	手術を受けた食道がん患者のリハビリテーション看護モデルの有効性
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英文	
Title	Effectiveness of a Rehabilitation Nursing Model for Post-operative Esophageal Cancer Patients
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Abstract	<p>We introduced and verified a rehabilitation programme for post-operative esophageal cancer patients. The goals of the programme were to prevent myasthenia and preserve patients' ability to carry out ADL. Twelve pre-operative esophageal cancer patients were selected as subjects. We first measured each patient's muscle mass and other relevant factors using an ioi757 .Before each patient was discharged, we again measured his/her muscle mass and held an individual interview, in which we gave the patient personalized rehabilitation instructions taken from a specialist textbook. Thereafter we continued to measure each patient's muscle mass during outpatient appointments. Results show that nine of the twelve subjects lost a little body mass (average loss = 3.09), while the remaining three subjects managed to maintain or gain body mass. Moreover, we discovered that the implementation of a physical rehabilitation programme reduced weight, fat and muscle loss compared to the control figures.</p>
Keyword	Esophageal cancer patients, rehabilitation, muscle mass

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