

研究業績 英文表記

和文	
表題	A 大学病院で出産した高齢経産婦の産後 1 か月までの育児不安の実態
著者名	森本眞寿代 南里美貴 水田るり子 川崎寿磨子
所属	佐賀大学医学部附属病院
英文	
Title	The reality of child-rearing anxiety during the first postpartum month in older multiparous women delivering at A university hospital – Comparison between multiparous women aged ≥ 35 years and aged ≤ 34 years –
Author	Masuyo Morimoto Miki Nanri Ruriko Mizuta Sumako Kawasaki
Affiliation	Saga University Hospital
Abstract	<p><i>Objectives:</i> To clarify about the reality of child-rearing anxiety during the first postpartum month in older multiparous women who delivered at A university hospital and to get the underlying data which considers directionality of support. .</p> <p><i>Methods:</i> A total of 77 multiparous women who delivered at the obstetrics department of A university hospital between July 2014 and March 2015 completed a self-administered questionnaire survey at the one-month health checkup. The results were compared between multiparous women aged ≥ 35 years and ≤ 34 years. Multiparous women aged ≥ 35 years expressed anxiety about basic aspects of child-rearing, how to hold a newborn infant, how to change diapers, etc, but the background factors leading to anxiety were not extracted; hence, information was collected from medical charts as an additional survey. The chi-square test and the unpaired t-test were carried out for statistical analysis.</p> <p><i>Results:</i> A total of 62 mothers (80.5%) provided useful answers to the self-administered questionnaire survey. Comparison with multiparous women aged ≤ 34 years showed that women aged ≥ 35 years felt significantly more anxiety about how to hold a newborn infant, how to change diapers, the physical appearance of the infant, and its crying at night. There were many mothers who had gaps from the previous birth compared with multiparous women aged 34 women years that aged 35 years. In addition, there were many PIH mergers this time, the amount of bleeding at the time of delivery was large, and postpartum anemia was large. Furthermore, there were many mothers who did not go home and revealed the fact that the exclusive breastfeeding yield at the time of one month after birth was low.</p> <p><i>Conclusions:</i> Multiparous women aged ≥ 35 years who delivered at A university hospital felt anxiety about basic aspects of child-rearing in the first postpartum month, were many mothers there is a gap from the previous birth.</p>
keyword	university hospital, older multiparous women, first postpartum month, anxiety about child-rearing, background factor

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