

研究業績 英文表記

和文	
表題	自律神経測による妻へのフェイシャルケア効果の基礎的研究
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英文	
Title	Basic study on the effects of face care by autonomic nervous function.
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Abstract	<p>This study aimed to effects of face care by autonomic nervous function.</p> <p>Participants were 10 male caregivers of a female family. We assessed comparison of autonomic nerves before and after facial care. Facial care was performed with the same force as usual, spreading the milky lotion on the wife's or mother's face, keeping hands close to the face, and moving the skin as little as possible. After facial care, autonomic nervous and physical stress showed good changes to her husband. Mental stress changed favorably for both husband and son. Facial care is considered to be particularly effective in reducing female family care stress by a husband.</p>
keyword	facial care, autonomic nervous function, husband, son

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