

研究業績 英文表記

和文	
表題	立ち上がり動作時の床反力/体重に関連する要因: デイケアリハビリテーションを利用する高齢者を対象とした横断的研究
著者名	釜崎大志郎 ¹ , 八谷瑞紀 ¹ , 永尾晃彦 ² , 稲富渉 ³ , 前原直樹 ¹ , 陣内健太 ⁴ , 北島貴大 ⁴ , 吉田禄彦 ⁵ , 塚田大智 ⁴ , 大田尾浩 ¹
所属	<ol style="list-style-type: none"> 1. 西九州大学リハビリテーション学部 2. うえむら病院 リハビリテーション科 3. 城内病院 リハビリテーション科 4. ひらまつ病院 リハビリテーション 5. 百武整形外科・スポーツクリニック
英文	
Title	Factors Associated with Ground Reaction Force/Weight During Standup Movements: A Cross-Sectional Study of Older Adults Using Daycare Rehabilitation
Author	Taishiro Kamasaki ¹ , Mizuki Hachiya ¹ , Akihiko Nagao ² , Wataru Inadomi ³ , Naoki Maehara ¹ , Kenta Zinnouchi ⁴ , Takahiro Kitajima ⁴ , Toshihiko Yoshida ⁵ , Daichi Tsukada ⁴ , Hiroshi Otao ¹
Affiliation	<ol style="list-style-type: none"> 1. Department of Rehabilitation Sciences, Nishikyushu University 2. Department of Rehabilitation, Uemura Hospital 3. Department of Rehabilitation, Jonai Hospital 4. Department of Rehabilitation, Hiramatsu Hospital 5. Department of Rehabilitation, Hyakutake Orthopedics Hospital
Abstract	To examine the factors associated with ground reaction force (GRF) in the process of standing up among older adults certified as long-term care residents. Multiple regression analysis with F/W as the dependent variable revealed a significant association with ankle joint plantar flexor strength (standard partial regression coefficient = 0.26, p = 0.044) and gait speed (standard partial regression coefficient = 0.33, p = 0.006). These results emphasize the importance of assessing ankle joint plantar flexor strength and gait speed. Although further research is needed, suggest that physical therapy for ankle joint plantar flexor strength may enhance F/W during standup movements, thus improving standup movement.
keyword	F/W; physical function; ankle joint plantar flexor strength; older adults; rehabilitation

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