

## 研究業績 英文表記

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表題	初産婦の妊娠期における心理社会的適応状態と 職業キャリア成熟の関連
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英文	
Title	Relationship Between Primiparas' Psychosocial Adaptive State During Pregnancy and Their Occupational Career Maturity
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Abstract	<p>[Purpose] This study aimed to clarify the relationship between primiparas' psychosocial adaptive state during pregnancy and their occupational career maturity. [Methods] An anonymous self-administered questionnaire survey was conducted on the primiparas who attended a lecture on prenatal education for parents held at a maternity facility and three towns in prefecture A (four times in prefecture A) during the period from October 2015 to March 2016. The survey used the Japanese version of the Prenatal Self-Evaluation Questionnaire (J-PSEQ) for asking the primiparas' psychosocial adaptive state and the occupational career maturity scales for asking their career maturity. This study was approved by the research ethics committee of Yokohama Soei University. [Results and Considerations] The questionnaires were distributed to 390 primiparas and collected from 154 (with a response rate of 39.5%). The subjects' average age was 32.5 ±4.3 ; they were in the 17th to 40th week of pregnancy ; they had worked for 8.4±4.7 years ; and the ratio of those who intended to return to work after childbirth was 49.4%, while the ratio of those who had already left work and intended to leave work was 49.4%. The two subscales of the J-PSEQ, Relationship with Mother and Relationship with Husband weakly correlated with the total score of the occupational career maturity scales. The regular full-time employment as the employment pattern, the intension to return to work, and Relationship with Mother in the J-PSEQ were found to be significantly independent variables in the multiple variable regression where the total score of the occupational career maturity scales was set to the dependent variable. The results suggested that we evaluate the adaptive state in the relation with their mothers and husbands, and check the obstacles for the continuation of the job. Furthermore, it is important to cooperate with other professionals as necessary.</p>
keyword	Primipara, Psychosocial adaptive state, Occupational career maturity