

研究業績 英文表記

和文	
表題	保育園児を持つ保護者のロコモティブシンドローム認知度について
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英文	
Title	Perception of Locomotive Syndrome in Adults and Children of Parents with Preschool Children
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Abstract	<p>The purpose of this study is to report the results of a survey conducted from 2017 to 2022 (four times in total) on the recognition of adult locomotive syndrome (hereafter referred to as "locomo") and children's recognition of locomo, and to provide reference for future locomo prevention measures. We conducted a questionnaire survey of a total of 304 parents of older children in nursery schools A and B during physical fitness testing sessions held four times each year from 2017 to 2022 (measurement sessions were cancelled from 2020 to 2021 due to the spread of new cholera infection).</p> <p>In 2018, more than 50% of the parents knew about locomo, and the awareness level has remained above 50% since then. The number of parents who knew about locomo for their children, on the other hand, was less than 20% in the survey conducted in 2022. In order to achieve 80% awareness of locomo, it is necessary to reach out to the young generation who are not interested in locomo. The survey also revealed that children's awareness of locomo is low. We would like to use this survey as an opportunity to conduct more detailed research and practice on early detection of locomotor diseases and dissemination of knowledge on locomotor diseases.</p>
keyword	Locomotive Syndrome, Parents, Children

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