

研究業績 英文表記

和文	
表題	体育理論における指導法 ―体力測定の実施計画から結果活用―
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英文	
Title	Teaching Methods in Physical Education Theory — From Planning to Utilizing the Results of Physical Fitness Measurement —
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Abstract	<p>This report presents instructional methods on how to plan, implement, and utilize the results of physical fitness testing in the educational field of health and physical education. It explores how instructors should approach physical fitness measurement in order to cultivate the qualities and abilities to maintain and improve health throughout life and to realize a fulfilling sports life.</p>
keyword	Physical fitness measurement, Physical education

※本データの英文表記は実際の論文上の表記とは異なります。