

研究業績 英文表記

和文	
表題	東日本大震災による県外避難者のストレス -グループ支援活動における“被災者の語り”の質的分析を通して
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英文	
Title	Stress of Being Evacuated from One's Home Prefecture after the Great East Japan Earthquake From the qualitative analysis of the narratives of disaster victims in group support activities
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Abstract	<p>【Purpose】 This study sought to collate narratives of individuals who were evacuated from their home prefectures with a focus on stress, thereby examining modalities of mental health care for disaster victim support. These individuals were part of the disaster victims support groups that the author has been continuously implementing for after the Great East Japan Earthquake.</p> <p>【Methods】 The study examined narratives of participants obtained through activities (52 in total) conducted in the past year since the establishment of the group, classifying and categorizing content related to stress associated with the Great East Japan Earthquake and with evacuation outside the prefecture.</p> <p>【Results】 As a result of the analysis, three categories of stress associated with the Great East Japan Earthquake and with evacuation outside the prefecture were extracted: experiences of loss that tend to be shared among disaster victims; differences stemming from individual standpoints that tend not to be shared among disaster victims; and events that force the recollection of disaster experiences.</p> <p>【Discussion】 This result suggests the importance of understanding the stress of victims and ensuring their safety and security in group support for evacuees outside the prefecture.</p>
keyword	Great East Japan Earthquake, refugees outside the prefecture, stress, group, narrative

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